

Chapter 10

Scientific/Allopathic Medical Model and Energetic/Faith/Miracle Model

Brief Description of the Scientific/Allopathic, “Medical Model” of Healing

Allopathy: the treatment of disease by remedies that produce effects different or opposite to those produced by the disease: opposed to homeopathy.
Webster’s New World Dictionary College Edition 1966

The Scientific/Allopathic “medical model” of healing is a scientific/logical/cognitive belief system based on repeatable results, ideally in double blind situations, where neither the researcher nor the research subject knows if they are receiving the medication or placebo. What works with one person in one situation must work with the next person or in another similar situation, at least a percentage of the time. This thought system values critical thinking and experimentation as the guide to know what is so. It is a very complex, highly structured and organized system of thought that requires significant education, credentials and licenses to practice. It is more of a mechanized belief system, where the body is a machine and the doctor must fix the “problem” with it. The problem “fixed” is frequently the presenting symptom. As indicated in the above definition, the following medication or treatment is designed to do the opposite of the symptom. So, if the patient has stopped breathing the doctor helps them breathe, if they are bleeding the doctor stops the bleeding. If the patient has a fever, they are given something to bring the temperature down. If the patient has indigestion (too much acid), the patient gets an antacid. If they have pain, an analgesic medication is given to reduce the pain. If they are constipated they are given a laxative to make them defecate, and if they have diarrhea they are given something to stop that process. This concept of “healing” focuses on removal of symptoms, which it calls cure. It also focuses on restoring health over maintaining health; and is very focused on predicting results.

The Scientific Basis for Energy

We do think there is scientific basis for Energetic Healing but that does not mean there is or is not scientific proof that Energetic Healing occurs. All science is constantly subjected to scrutiny and what is scientific fact at one point in time becomes myth and archaic thinking in another period. For example, is Pluto a planet? It was for years and now it is not. Vioxx, once considered a safe and helpful medication, is now considered dangerous. Doctors increasingly used C-sections delivering babies and now they are declining in frequency and popularity.

So why we will not submit scientific proof? We will point out some currently held scientific thoughts that seem to support the concepts we present in this book. This, of course, will give anyone

wanting to be critical of the thought sufficient opportunity to refute our speculations. It is important to know that this book was not written to convince someone who has never experienced Energy work that Energy work exists or is effective. It is also important to note that just because someone has received an Energy session or taken an Energy class does not mean they have a conscious experience of Energy. Trying to convince someone who has never experienced Energy that Energy exists is futile and is much like trying to prove the visual beauty of a rose to a blind man. This book is about giving people, who have had the Energy experience, support, letting them know there are millions of others who are having Energy experiences, and possibly even helping them to connect with others who can assist them to understand, expand on and feel safe with their experience.

So what is the Energy? Energy is *All That Is*. It cannot be created nor destroyed, but it can change form. One kind of Energy begets another. For example, electrical Energy creates heat as it flows through wires; an electrical spark will ignite a fire and that fire, if confined in a cylinder, will create a physical force allowing an internal combustion engine driving an electric generator to create movement, sound and light that can also create heat, electricity and even a magnetic force. The magnetic force can create radio waves, which with the right hardware and electricity, can receive that signal and create more sound. Another example would be an atomic blast creating heat, light, sound and an electronic pulse and physical force.

The body, through chemical reactions and movement, creates both heat and electricity. It is evident that the body produces heat because humans can maintain a 98.6-degree body temperature. Electricity is evident in nerve impulses and is detectable by machines such as lie detectors, EEG machines, EKG machines and heart monitors. Therefore, it is undeniable, even by the greatest skeptic, that the body does create Energy. It is also undeniable to anyone in the medical field that thought either creates or directs at least some of that Energy. This is observable through neuroimaging (brain scans) and electroencephalography, which is the neurophysiologic measurement of the electrical activity of the brain (EEG). It is also evident that thought directs the Energy in your experience of life. The thought that I would like to turn the page of this book results in sending signals to the hand and arm to do that. Of course, the unconscious accomplishes most of this process. Energy also affects the endocrine glands and the smooth muscular system, which, in turn, affects the health of the entire body. It is also evident that that the mind Energy is transferred to the surface of the skin because that is where the EEG machines detect it. The question, of course is, "Can one person's Energy or thoughts affect another person's consciousness, health or well-being?"

There is a physics phenomenon of resonance first observed by the Dutch scientist Christian Huygens in 1665. While working on the design of the pendulum clock, Huygens found that when two were placed on the same wall near each other, with pendulums swinging at different rates, they would eventually end up swinging in at the same rate. This phenomenon, also called entrainment, is defined as the tendency for two oscillating bodies to lock into phase so that they vibrate in harmony. It is also defined as a synchronization of two or more rhythmic cycles and is described as follows in the *Journal of Biological Cybernetics* Volume 67, Number 3/ July 1992, Rand et al. (1988). They are quoted as having proposed: $(d\phi/dt = \Delta\omega - K \sin\phi)$, with phase-locked solutions $\phi = \arcsin(\Delta\omega/K)$, where $\Delta\omega$ is the difference between the uncoupled frequencies and K is the coupling strength. While we do not understand this, we thought you would like to know that even people who understand those symbols acknowledge the principle of resonance or entrainment.

The principle of entrainment is universal, appearing in chemistry, pharmacology, biology, medicine, psychology, sociology, astronomy, architecture and more. In biology, classical examples are

Bhakti Energy Work® is intuitive. When doing this work we perceive and simply know what to do. Intuition is one of the ways to know something and it is immediate. Reasoning is another way, but both ways are valid ways, at least Webster and Einstein think so. We are at a time when we have so much information that it has become impossible to make a decision logically or rationally. We would spend the rest of our lives gathering information because how could we logically choose to include some information and exclude other information. That would not be rational. It has become illogical to make a decision logically in today's world.



“The really valuable thing is intuition. The intellect has little to do on the road to discovery, call it Consciousness or what you will, and the solution comes to you and you don't know how or why.”

Albert Einstein



No discussion of Energy workers would be complete without speaking of purpose and intent. Purpose is Goddess/God given. That purpose is to become Conscious, become Goddess/God. Intent is left to the seeming separate individual. Will you fulfill your purpose or not? We all have free volition to choose and it is this volition that we value most. Our mantra/prayer is, “Thy Will be done.” We surrender our will to Goddess/God/Energy. Remember will means: choice, volition, intention and Energy.

Is the discussion getting too “religious” or “Christian” for your taste? If so, notice your judgments and see if you can let them go. This work is spiritual, not religious. Religion means believing in particular deities, or dogma. We have faith in Conscious Energy, which some people call Goddess/God, and we receive inspiration from a variety of religious and spiritual writings.

So what is the downside of the Energetic/Faith/Miracle Model of Healing? We spent significant time on the inconsistencies and disadvantages of the Scientific/Allopathic, Medical Model of healing; fairness dictates that we spend equal time on the downside of the Energetic/Faith/Miracle Model of healing.

The downside is that our intuition is of no use to you. Since it was not derived from reason you cannot follow the systematic logical path to see if it is reasonable. It is not reasonable. We already said it was not derived from reason, but we also said knowledge need not be derived only from reason. So you are left to listen to our “knowledge” and use your reason to see if it makes any sense, maybe create a scientific experiment or use your own intuition to discover your Truth. We should point out here that it might seem like we are contradicting ourselves when we present our “theory” later in the book. Theory is the mind stuff that follows the experience of intuition. We do not

Psalm 117 is the shortest Chapter in the *Bible*. Psalm 119 is the longest chapter in the *Bible*. Psalm 118 is the chapter in the center of the *Bible*. There are 594 chapters before Psalm 118 and 594 chapters after Psalm 118. If you add 594 (the number of chapters before psalm 118) and 594 (the number of chapters after psalm 118) you get 1188. Psalm 118:8 is the center verse and it says: It is better to trust in the Lord than put confidence in man.

Miracle or Magic?

It does not matter what religion you embrace. This can be disturbing to some of you if you are sure that your religion is the right one. There have been miracles in every religion. What matters is that we are Conscious. Now, what can happen if we are Conscious? Absolutely anything. Everything can happen if we Love. Miracles can happen if we are Conscious. People can walk on water and people can heal from diseases. Christ said these things and greater will you do. It seems he was a little over optimistic as we look at the world right now, but he was speaking to you, he was speaking to us. These things and greater will you do. All we have to do is be present, be Conscious. Miracles are always going to be anecdotal, because they will always be different, they are not run by reason and they are not repeatable. The person that is present when the miracle occurs is not in control. They are just the witness. This is what being a witness for Goddess/God means.

The difficulty with trying to study or test Energy work is that Goddess/God does not show up for tests. It is not the practitioner who is in charge; it is Energy/Goddess/God. Energy/Goddess/God does not exist to serve the practitioner and his or her ego's need to prove that Energy/Goddess/God exists, but rather the practitioner is there to serve Energy/Goddess/God. Included in this book are the names of theoretic thinkers, names of Energy, and names of books that have documented *Its'* existence. The greatest indicator of insanity is not seeing something that others do not see, i.e. angels or guides, but rather not seeing something that many others see. Those who will not allow themselves to see the phenomena of Energy are unconscious, which is synonymous with insane. The DVD accompanying this book documents several people having a strong physical demonstrative response to activity off body. What could explain this response except Energy or fraud? Those who want to believe Energy work does not work will embrace the fraud idea.

Often “debunkers” show that if an event could be accomplished as a fraud or trick or that it could have a possible scientific explanation, then it is not a miracle. This is not good logic. It is the equivalent of the conspiracy theorists. Is it possible we did not land on the moon? It could have been a fraud since there is the technology to accomplish the same thing we saw on television in a movie studio. While it is true that it could have been accomplished in a studio, many people would have to be part of the fraud. While scientists see this view as completely absurd, they have no trouble distrusting the proof of miracles documented when sainthood is granted.

The Miracle We Seek

For many years, Dale has told the students every week he would go out and try to walk on the pool. For those of you who did not get it, that was a metaphor. We know it is possible and the question is was it possible for Dale, today. The true miracle that we seek every moment is to be present, to be Presence. With that comes Peace, Joy, and Consciousness, and that is a Miracle.

“What would Consciousness do now?” *Julie and Dale McNitt*

“We do not see things as they are; we see things as we are.” *The Talmud*

“All things are a call to Love.” *A Course in Miracles*

“We are here only to be truly helpful. We are here to represent Consciousness who sent us. We do not have to worry about what to say, or what to do because Consciousness who sent us will direct us. We are content to be whatever and wherever that Consciousness wishes, knowing Consciousness goes with us. We will be healed as we let Consciousness teach us to heal.” Adapted from *A Course in Miracles*

“I Am the Universe.” *O’ Sensei*

“Be still and know that you are Consciousness.” *Consciousness*

“The quieter you become the more you can hear.” *Ram Dass*

“The world is a great mirror; it reflects back to you what you are. If you are loving, if you are friendly, if you are helpful the world will prove loving and friendly and helpful to you. The world is what you are.” *Thomas Dryer*

“The mind is everything, what you think, you become.” *The Buddha*

“As ye think, so shall ye be.” *Christ*

“For every action there is an equal and opposite reaction.” *Law of Physics*

“There is nothing to fear but fear itself.” *Franklin Deleanor Roosevelt*

“Learn to let go, that is the key to happiness.” Jack Kornfield in *Buddha’s Little Instruction Book*

“Seek ye first the kingdom of God and all things will be added unto you.” *Christ*

“Thou shall have no other God before me.” *Consciousness*

“No one can make you feel inferior without your consent.” *Anna Eleanor Roosevelt*

“We probably wouldn’t worry about what other people think of us if we could know how seldom they do.” *Olin Miller*

“We see the world not as it is, but as we are.” *The Talmud*

“Pay attention to everything, believe nothing and don’t take anything personal.” *Cheri Huber*